

Feeder Group

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Rumsey							
3:45-4:45 pm	OFF	Junior Waves	OFF	Junior Waves	OFF	Junior Waves	OFF
Takoma							
4:45-5:45 pm	OFF	Junior Waves	OFF	Junior Waves	OFF	Junior Waves	OFF

Developmental

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Rumsey							
5:00-6:30 pm	OFF	D1, D2	D1, D2	D1, D2	D1, D2	D1, D2	
Takoma							
9:00-12:30 pm							D1, D2
6:00-7:30 pm	OFF	OFF	D1, D2	OFF	D1, D2	OFF	

Minimum Attendance: Junior Waves = 3 x week | D1 = 3 x week | D2 = 3 x week

Age Group

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Takoma							
9:00-12:30 pm	OFF						Age Group
6:00-8:00 pm	OFF	Age Group	Age Group	Age Group	Age Group	Age Group	

Pre-Senior & Senior

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Takoma							
9:00-12:30 pm	OFF						Pre-Senior, Senior
6:00-8:00 pm	OFF	Pre-Senior, Senior	Pre-Senior, Senior	Pre-Senior, Senior	Pre-Senior, Senior	Pre-Senior, Senior	

Minimum Attendance: Age Group = 3 x week | Pre-Senior = 4 x week | Senior = 5 x week

